



# TOUR DE JERSEY CYCLE CHALLENGE

*2010 - in memory of John Lyons*

COMMUNICARE CENTRE • LA ROUTE DES QUENNEVAIS • ST BRELADE

*Choose your distance!*

5 miles - great for kids

20 miles - fun for all the family

50 miles - perfect for pushing yourself

To register or for more information visit [www.jerseyhospicecare.com](http://www.jerseyhospicecare.com)  
phone: 510349 or email: [fundraising@jerseyhospicecare.com](mailto:fundraising@jerseyhospicecare.com)

## Sunday 4th July

# in aid of Jersey Hospice Care

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